

Environmental Changes for Sustainable Schools

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Values-based education

My mobility activity helped me gain a deeper understanding of holistic, systemic, and values-based education.

By developing and applying these skills and perspectives, we can make a positive impact on our students, our community and the planet.



Programme

- On the first day, in the morning, there was a three-hour tour of the old city of Prague by a guide collaborating with the Teacher Academy. In the afternoon, the conference began with icebreaker games among the participants and then the basic concepts of the conference were presented. Practical applications of sustainability in our schools were suggested.
- On the second day, the schools of the participants were presented, and the environmental policy of each school was mentioned. Then, through a game, the good practices used in each school became apparent and finally there was a discussion about what we could do as teachers through the various lessons, to promote sustainability.
- On the third day, a visit was made to a farm, which operates as an out-of-class educational space. There, children who visit it, can engage in various activities such as caring for domestic animals, cultivating a vegetable garden, playing with the soil and getting to know and working with materials from nature such as stone, soil, wood, etc. There we were guided around the space, made aromatic soap with dried herbs and helped in the collection of seeds from various types of plants.
- On the fourth day, a presentation was made on the use of the Dragon Dreaming method (dream - plan - work - celebration), which can lead us to sustainable development. We envisioned as a team a sustainable school with each of us making our own suggestions. We grouped the proposals and produced some basic principles that should characterize a school in the future.
- On the fifth day, the lesson was initially held in a park, where nature observation activities took place. Later we returned to the conference venue where we committed to implement with our class some of the ideas that had been mentioned during the conference.
- On the sixth day, a recreational visit was made to a tourist attraction in Prague, which was offered by the program.




Learning activities




Meeting with people





It was a pleasant and educational experience. Many thanks to the organizers for this wonderful opportunity.



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